

Retreat Journal



Reflective Space

Journaling for self-reflection

Artwork by Emily Grimston



Dive into the Retreat Journal self-reflective pages to release, receive, and share your emerging vision or version of yourself

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Entry One

What do I release and let go of?



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Entry Two

What gifts am I ready to receive?



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Entry Three

What talents am I ready to share
With the world?





DHEVAKSHA
WELLBEING